



# Open Door

Spring 2016

Clowning around at  
Glasshouse Views

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Happy 100th Bert

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Activities Tour at  
The Terraces

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Bert with Joyce.

GLASSHOUSE VIEWS

# Happy 100th Bert

Albert Herbert Berrell, or Bert as we call him, recently clocked up 100 wonderful years as a family man, friend and in more recent times as a very popular member of our close community. Here is his story.

The youngest of six children, Bert was born on 28th July 1916 in Goulburn NSW.

When Bert was about six years old the family moved to Queensland.

During Bert's younger years, they lived at Ipswich, Basin Pocket, Silkstone, Karrabin, Paddy's Gully Esk and Blackfellow Creek Gatton.

It was during this time that Bert learned how to do most farm chores that were required of country boys. These included milking cows, ploughing, planting crops, riding horses and any other tasks that were needed.

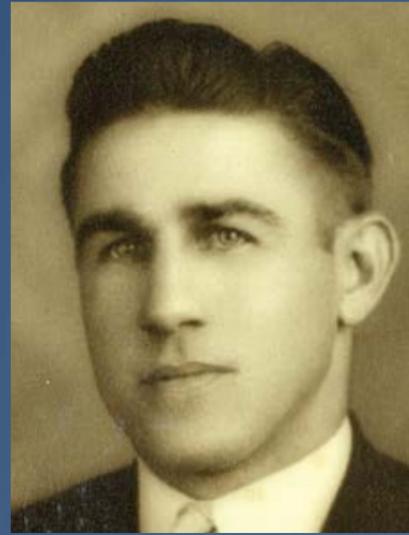
At 17, Bert left home and worked as a farm labourer at Kilcoy on a large property. Also picking bananas on a plantation at Nambour.

Around 1935 Bert returned to Ipswich and took up boxing. In his early days under the name of 'Bert Berrell', he entered many of the local matches at

Booval, Bundamba and Grantham. By the end of 1936 Bert began to show glimpses of class and managed to draw with the hard-to-beat Andy Jackson, described as one of the best welterweights around.

As an aspiring young boxer and with the guidance of coach, Pat McCarthy, Bert started fighting under the name of 'Vince Blackburn'. At the Brisbane stadium in 1938 Bert won the coveted title and became Queensland's Welterweight Champion. Catching the eye of a sports writer the press reports said that Bert was one of the best welterweights seen in recent years. "He was rangy, with a well developed body and legs that denoted speed. He could punch well and was an exceptionally fast boxer."

At the age of 23 years Bert decided it was time to get out of the boxing game and make a fresh start.



Bert with his sons.

Bert moved to Sydney and met his first wife, Irene, and they married in 1941. Sadly Irene passed away three years later.

Then in 1945 Bert married Joyce Venus, Irene's younger sister.

Taking up a trade Bert received his boilermakers ticket in 1948, eventually running his own business.

In 1983 he and Joyce returned to Queensland. They lived at Tweed Heads for many years and later at Banora Point. Bert has three sons, Robert, Jim and Colin, as well as several grandchildren and great grandchildren.

When asked the secret of a long life Bert said "Keep working"

Congratulations Bert.

## Seabrook Comradeship

Fun, laughter and comradeship are alive and well at Seabrook.

Thursday 8th September 2016 was R U OK Day. This annual event reminds people to ask family, friends and colleagues the question: "R U OK?" in a meaningful way. By doing so, it is hoped that it will make a difference to the lives of anyone who may have mental health issues or are struggling emotionally.

While we were thrilled to have Resident Emotional Support Officer, Keith Cameron Smith visit, having meaningful conversations is something we can all do. You don't need to be an expert, just a great friend and a good listener.

So we held a yellow theme. This included yellow smileys, ribbons, Twisties, R U OK cupcakes and ice creams. Throughout the day, staff and residents asked each other R U OK? This resulted in spontaneous warm, comforting hugs, which just seemed like a natural thing to do when asking such a caring question.

On Friday 9th September 2016 it was International Wonderful Weirdos Day. So to enhance emotional wellbeing and bring some laughter to residents, families, staff and visitors, we held a Wonderful Weirdos Dress Day.

Everyone was in fits of laughter at some of the antics of our residents and staff. Regional ACFI Manager, Peter Brown, had the residents, staff & visitors in stitches, when he arrived unprepared for the occasion and the Lifestyle team provided him with a wacky outfit.

This comprised hand made pink & white Polka dot pants, a psychedelic hippie peace tie and a happy sun vest, which Peter promptly put on. It was so great to see lots of smiles and hear belly shaking laughter. This day certainly did lift everyone's spirits.



From left- Cleaner-Sarah Beatty, Clinical Care Manager-Monica Nommel, Personal Carer -Stevie Arnetts, Personal Carer-Renee Shipley, Cleaning Manager-Christine Lindt, Cleaner -Linda Cable, Lifestyle Coordinator-Cara Miller, Regional ACFI Manager-Peter Brown, Residents Nancy Long and Patrick Moriarty who confiscated Christine Lindt's Hat, Front row: Resident Brenda Williams, Lifestyle Assistants Gay Furness & Lori Molloy.

## The Ashley

Staff at The Ashley did a bunch of fun things to celebrate Daffodil Day.

The vibrant yellow Daffodil represents hope and a continuing fight against Cancer. The day is dedicated to minimising the impact of this devastating disease in Australia by raising funds for Cancer research, prevention and support services. Thanks team for a top effort.



Everyone wore their brightest smiles.



Everyone brought their biggest appetites.



A great day was enjoyed by all.

# Clowning around

Glasshouse Views celebrated EKKA in style with all the fun of Queensland's agricultural show coming to us.



Belinda Short and her baby animals, including Bam Bam the pony, visited us on Monday.

Our very own craft volunteers gave a demonstration on Tuesday.

Wednesday was classic car day and the Sunshine Coast Car Club arrived to showcase their stunning vehicles and to take us for rides around the area.

Thursday was clown day and Miss Harriet from Balloon Awesomeness came to make some very impressive balloon characters. Before the clowns took over, creating mayhem and madness throughout all the communities.

Friday was the grand finale and the Jam Drops put on an awesome concert.

We would like to thank all of our wonderful volunteers and staff for their extra efforts throughout the week.

Also the following companies for their contributions:

- Oakland Farms for all the strawberries for the sundaes
- Nan and Pops Fruit Shop
- Fullerton Farms and
- Traditional Funerals.

The Raffle Prizes and Show Bags they donated were all very well received.

The best pavilion display this year went to Stanley Community. Mellum Community won the Miniature Garden Competition.

A big thank you to Fred and all his helpers for keeping the Lolly Shop stocked and well done to everyone for supporting us in making the Glasshouse Views EKKA Week one of the best yet.



There were Bozos everywhere.



Revved up and rearing to go.

## Welcoming students

At Rosebrook our residents are enjoying time spent with students from Padua College.

This program offers a fantastic opportunity to get together and share the experience of years with the younger generation. During the program students visit weekly and are involved in various activities much to the delights of our residents. These include quiz games, gardening, Pictionary, walks, bowling, sing-a-longs and even a men's group which is proving especially popular. To help, our local Rosebud Wood Turners group supplied us with wood and cut out of some tool boxes using their equipment.

Then on Thursday 8th September, our Men's group set about assembling the tool boxes with the help of the Padua students.

Alf Westland enjoyed the wood work session when students stated they had never built anything out of wood or used a drill before. He instantly put them at ease by saying he would teach them and started sharing his years of experience. Alf went into great detail about lining up the sides, making sure they were glued and nailed correctly, with the finished box having to be square. As Alf always states about anything "You've got to do it right or there's no point in doing it". Alf was very proud of his tool box and couldn't wait to start the next project. Of course, going by their reactions, the students feel the same way.



Alf Westland on the tools.

# Raffles Prize Winner

After buying quite a few raffle tickets for a local based charity, we are thrilled to announce that our workmate, Michael Baldry, has been drawn as the winner.

The prize is a brand new car that Michael has been driving, every chance he gets. In fact, Michael believes he could easily get a speeding ticket for the first time ever, as his car zips along so well. Having driven manual transmission cars all his life, Michael admits to missing the clutch. But he's not complaining. Some time ago, we added a wishing tree to the Raffles staff room. Michael had pinned to the tree his wish for, you guessed it, a new car.

Well done Michael, your wish has well and truly come true. Happy driving!



Michael with the keys and rearing to go.

## Beer and dessert

CapellaBay's Chef Manager, Tracey Johnson, spent an evening with Maggie Beer and Adriano Zumbo at the program launch of Champions of Change.

Tracey met the celebrity chefs at a workshop conducted to promote this cause.



In the kitchen.

What a treat to meet Maggie.

# Heritage Lodge's Birthday



From top to bottom:  
Happy 10th birthday Heritage Lodge.  
Residents and staff celebrating.  
Birdlife abounded.  
Cutting the cake.  
What a party it was.

# Activities Tour at the Terraces



Gold is Marj, Silver is Pat and Bronze is Vi in Table Bowls.



Chef Luke, Denise and Natasha carrying in the medals.



Floral arranging.



Mid year Grease-themed dinner and dance. Thelma and Doreen as Sandy from Grease.



Every year Japanese Students visit from the University of Health & Welfare.



Family Fun Day.

## Congratulations

Certificates recognising five and 10 years of devoted service were awarded to Sutton Park staff members. Many of the people who work here have been with McKenzie from the start, enriching the lives of our residents through their unwavering commitment and compassionate care.



We cannot thank you enough.

## Lynbrook

Mary and Ken meet up for a coffee after more than 80 years.



The two residents were neighbours in the country town of Neerim where they grew up on their families' farms.

Mary and Ken attended the same school together. They caught up over coffee in the lounge and had fun reminiscing.

Thank you Mary and Ken for sharing this story with us.



### The sky's the limit.

Erica from Forever Young visits Lynbrook twice a month to involve the residents in activities. Having built a train set, the group is seen here tackling the task of putting together a telescope.



Jozef feeding the birds at the beach.

## McKenzie Locations

### Queensland

#### Bribie Cove

199-213 Goodwin Drive  
Bongaree QLD

#### Buderim Views

383 Mooloolaba Road  
Buderim QLD

#### CapellaBay

260 Old Cleveland Road East  
Capalaba QLD

#### GlasshouseViews

96 Peachester Road  
Beerwah QLD

#### SandBrook

10 Executive Drive  
Burleigh Waters QLD

#### Seabrook

15-29 Bonton Avenue  
Deception Bay QLD

#### The Terraces

74 University Drive  
Varsity Lakes QLD

### Victoria

#### Charlesbrook

1 Innisfallen Avenue  
Templestowe VIC

#### Lynbrook Park

42 Olive Road  
Lynbrook VIC

#### Newmans on the Park

33 Newmans Road  
Templestowe VIC

#### Rosebrook

441 Waterfall Gully Road  
Rosebud VIC

#### Sutton Park

126-134 Exford Road  
Melton South VIC

#### The Ashley

17-21 Ashley Street  
Reservoir VIC

### New South Wales

#### Heritage Lodge

194 Byangum Road  
Murwillumbah NSW

#### Raffles

Peregrine Drive  
Tweed Heads South NSW

### Visit our site:

[mckenzieacg.com](http://mckenzieacg.com)

### Our latest news:

[mckenzieacg.com/blog](http://mckenzieacg.com/blog)

## Chicken and egg at Newmans

The residents at Newmans enjoyed Henny Penny Hatching, where they watched as chickens burst from their eggs and grew into little fluff balls.

As the majority of residents have had some involvement with chickens in their past, either in farming or as pets, the two week programme encouraged conversations relating to memories long gone.

Some residents sat quietly for hours, being entertained by the developing chicks and taking bets on what colour they would be. They were amazed at how quickly they grew.

Residents were excited when they could hold and pat the chicken. In fact, Lesley Stebbins loved the feel of the feathers so much that Moo Liew was worried she might hurt the chick while patting it.

This is definitely a program we will remember and have now found our chickens good homes.

Residents had a wonderful time at Greensborough RSL Morning Melodies yesterday.

They were entertained by an Elvis Impersonator who had a great voice. He especially put a smile on the ladies faces when he changed into his white jump suit and sang Love Me Tender.



*Henny Penny hatching fun*



*Dancing up a storm.*

## Cleveland is taking shape

Thanks to all those who entered the competition to name our newest residence. It was obvious that much fun was had coming up with suggestions. Entries are now closed and a winner will be announced shortly. Then the new name will take pride of place once the exterior is completed, to be formally unveiled at the opening in 2017.



*The new name will be announced soon.*