

Autumn Edition 2018

# Open Door

Love was in the air on  
Valentine's Day

**The Ashley is home to  
the Pannunzio family**

It's a girl and a boy at  
Lynbrook Park

**Kindergarten kids come  
to play at Bribie Cove**

Birthdays at Raffles  
and Sutton Park

**All these and more  
inside our Autumn issue!**



**McKenzie**  
AGED CARE GROUP



# The family that stays together

**It was 1956, the year of the “Friendly” Olympic Games, when Armando Pannunzio boarded a ship and travelled to the far side of the world. He wasn’t going to Melbourne to compete but instead with the hope that he could give his young family a better life.**

Three years later, he, his brother and their families would all be reunited in Australia and living in a single fronted terrace in Fitzroy. In no time at all, cousin Pasquale had also migrated to this “lovely new country”. Of course, being family they held onto those traditions like Tomato Day when they bottled enough home-made sauce to last them a year, as well as wine and sausage making. To the Pannunzios, family means everything and they could not have been happier.

Then, with the passing of time, Guiseppè’s wife Rosina developed dementia. It was heartbreaking when they realized they could no longer look after her themselves. But then a friend mentioned McKenzie Aged Care at The Ashley saying that it was like a family home. “She told me to go along and have a look,” Rosina’s daughter told us. “Thank goodness we did.” Much to the relief of her loving family, Rosina was accepted, followed soon after by Armando who now needed aged care as well.



*Armando arrives in Melbourne.*



*Guiseppè, Rosina and their children.*

With his wife and brother now at The Ashley, it was only a matter of time before Guiseppè joined them.

“It’s so lovely visiting Mum and Dad at The Ashley and also spending time with the whole family. Having a nice coffee and a chat and seeing everyone so happy,” Rosina’s daughter said.

“With the wonderful nursing staff and carers at The Ashley, we feel so blessed to have our loved ones there.”



*Tomato Day.*

# Our growing family



## Lynbrook Park welcomed not one but two new additions to our family.

RN Heidi brought in her baby girl, Kayla. While Clinical Care Manager Kristie introduced us to Leo. Staff, volunteers and residents alike are all looking forward to watching these little ones grow in the weeks, months and years ahead.



Above: Four RNs and two babies! Jiveh, Kirsten, Kristie and Heidi with little Leo and Kayla.

Right: Everyone was lining up to have a nurse of the "too cute" newborn.



# Gone fishing, almost!

The men's club at SandBrook made it a day down by Tweed River. Even though they didn't cast any lines, they still enjoyed the catch of the day, with a delicious fish 'n' chip lunch.



One of the men gives this outing the thumbs up and everyone else agrees.

# What a victory!

Less than 100 years ago, Type One Diabetes was a death sentence. But thanks to the introduction of insulin therapy in the 1920s and numerous advances since then, the chances of surviving have dramatically improved over the past decades, and there is no better proof than McKenzie Lynbrook Park resident Kerry Lambert.

In fact, Kerry is the proud recipient of Diabetes Victoria's Kellion Victory Medal for having lived 50 years with the disease. The award is named after Sydney Businessman, the late Claude Kellion, who promoted diabetes research after losing his son, aged 38.



Family members Katrina, Brice, Betina, Jessica, joined Kerry, Joel, Stephen and Jeff to celebrate Kerry's continued good health.

Kerry remembers that, at first, it was difficult to come to terms with her diagnosis. "Today, though, people are far more accepting and educated," Kerry is quick to point out. "Diabetes is not the end of the world. It can be a shock when you are first diagnosed, but there are ways you can manage and incorporate diabetes into your lifestyle. Find yourself a good doctor who can help you through the journey."

Kerry is particularly grateful of the support of her own diabetes specialist, Dr Serge Tang-Fui, whose kindness has helped her to accept her diagnosis. Daughter Bettina is another great source of support.

"There is no cure yet for Type One Diabetes, but recent innovations have improved life expectancy and quality of life immensely," says Diabetes Victoria CEO Craig Bennett. "It is a remarkable achievement to have lived with diabetes for so many decades and I congratulate all of our recipients for this outstanding accomplishment."

Also there on the day in support of Kerry's achievement was Kate Gray, McKenzie's General Manager Operations.

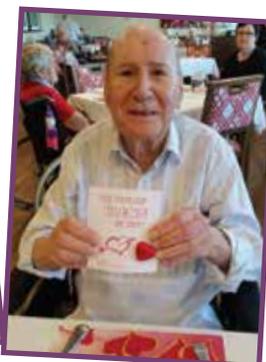


# Hearts and flowers

It was a happy Valentine's Day at McKenzie communities.



At **CapellaBay** everyone had a secret admirer.



At **The Ashley** it was all rosy.



**Heritage Lodge** put on a High Tea.



The affection was genuine at **Glasshouse Views**.





Cupid did the rounds at **Rosebrook**.



Sweethearts celebrate in **Seabrook**.



Staff are passionate about their work at **SandBrook**.



Who doesn't love Feb 14 at **Seaton Place**?



# Australia Day Celebration

Fire up the barbie, pour the wine and beer, everyone loved getting into the national spirit on January 26.



*All fresco dining at Sutton Park.*



*Looking forward to filling those plates.*



*Feast your eyes on Charlesbrook.*



*All hatted up at Heritage Lodge.*



*Dig in everyone.*

## BRIBIE COVE

# Busy Hands and Big Voices

Thanks to Bribie Cove's staff and volunteers there is always something fun to fill the days.



*Take it away Valerie, as entertainer Judy, Rob and his wife Maureen enjoy the concert,*



*For Mavis and Lesley, it's needles at the ready. Along with rugs, Joy is now teaching how to make berets.*



*And they call it puppy love. Volunteer Kay treats Joan, Bob and Rob to some four legged company as part of maintaining past interests.*

## They're getting younger at Bribie Cove!

Betty works her magic, arranging flowers for the dining rooms. Volunteer Chris and Heather watch on.



*Everyone feel like they're a kid, when Bribie Island kindergarten comes for a visit.*

# Keith Cameron-Smith celebrates 12 years with McKenzie Aged Care



**Keith is our Resident Support Officer, who for the past 12 years has been providing emotional support to Residents, their families and friends as well as staff and volunteers. Keith always makes himself available whenever and wherever he is needed.**

Having been a Minister and a Chaplin for many years makes him perfect for facilitating the memorial services held twice a year at all our homes honouring those that have passed in the prior 6 months. He also facilitates individual memorial services for residents at family's request.

He supports Residents when they transition into care from the community and provides emotional support for family as their loved one's health declines or they become palliative.

Keith also supports management and staff in coping with the grief following the loss of a resident or staff member and has conducted many memorial services in their honour.

In addition to all his Resident support work, Keith also speaks at our management forum conferences. His words of wisdom and his kind soul continue to support and inspire us all. He is a great listener and always has sound advice which has endeared him to all of us in the McKenzie community.

Keith brings joy into our homes by playing the piano and helping the residents enjoy singalongs. He is of great support at Resident relative meetings and participates as often as possible in any social or community awareness event.

Keith enjoys cooking and even though he is a great cook, he also enjoys dining out. His sweet tooth will occasionally even lead him to enjoying a sneaky Moscato.

Cheers to you Keith

## Party time at Raffles and Sutton Park.



At McKenzie we love having birthdays. After all, we take advantage of any opportunity to eat cake, dress up and generally have a great time. But birthdays also give us a chance to recognise staff members who are reaching milestones with their years of service. For all of you who have helped make McKenzie everything it is, well done! Keep up the good work.



*Check out more birthday snaps on Sutton Park's FB page or in our photobook.*



*Here's to 15 years of Raffles.*

## McKenzie Locations

### Queensland

#### Bribie Cove

199-213 Goodwin Drive  
Bongaree QLD

#### Buderim Views

383 Mooloolaba Road  
Buderim QLD

#### CapellaBay

260 Old Cleveland Road East  
Capalaba QLD

#### Glasshouse Views

96 Peachester Road  
Beerwah QLD

#### SandBrook

10 Executive Drive  
Burleigh Waters QLD

#### Seabrook

15-29 Bonton Avenue  
Deception Bay QLD

#### Seaton Place

111 Smith Street  
Cleveland QLD

#### The Terraces

74 University Drive  
Varsity Lakes QLD

### Victoria

#### Charlesbrook

1 Innisfallen Avenue  
Templestowe VIC

#### Lynbrook Park

42 Olive Road  
Lynbrook VIC

#### Newmans on the Park

33 Newmans Road  
Templestowe VIC

#### Rosebrook

441 Waterfall Gully Road  
Rosebud VIC

#### Sutton Park

126-134 Exford Road  
Melton South VIC

#### The Ashley

17-21 Ashley Street  
Reservoir VIC

### New South Wales

#### Heritage Lodge

194 Byangum Road  
Murwillumbah NSW

#### Raffles

Peregrine Drive  
Tweed Heads South NSW

# Buderim News



*Help us name our new residence!*

## McKenzie's newest aged care community has started to take shape.

Located very close to Buderim Views, our latest residence will boast over 120 rooms and is expected to open its doors in April 2019.

Onsite will be those facilities that are always favourites with McKenzie residents and their families, such as its own café and hairdressing salon.

With so much to offer, this residence will be sure to wow everyone and quickly make them feel at home.

In the meantime start thinking of a suitable name. We received over 200 suggestions when we ran a naming competition for Seaton Place, with the winner and runners up rewarded for their efforts.

## Find your residence on Facebook



McKenzie Aged Care Group and all of our residences now have their own Facebook pages! It's a great way for residents and family members to stay in touch. Also for staff to share photos of our many and varied activities. Make sure you friend us to see all our updates.

Just search for 'Facility Name – McKenzie Aged Care Group'.



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