

A photograph of a beach at sunset. In the foreground, there's a wooden post and a yellow rope fence. Behind it are sand dunes and tall, golden-brown grasses. The sky is a gradient from blue to orange and yellow. A small wooden structure is visible on the right side.

Summer 2019

Open Door

McKenzie embraces
the Christmas Spirit

Remembrance Day

Cornerstone Awards
Winners

HAPPY NEW YEAR FROM THE CEO

The festive season is a time for family to gather together. It's our chance to revel in the joy, reflect on the past 12 months and also to look forward to the new year and all it promises.

At family-owned McKenzie, 2019 will see the opening of our newest aged care facility, bringing our total number of residences to 17. It is remarkable to think that in the last five years we have delivered two and a half million days of care. We are now caring for more people than at any other time and it continues to be a privilege for the management here, our dedicated staff and enthusiastic volunteers.

Every year we present Go Beyond awards to our staff, and it was wonderful to have lunch recently with our 2018 winners. I know they represented many hundreds of staff members who make a difference to the lives of our residents every day and I am so proud of the care we deliver.

Inside this January issue of Open Door, you will see just some of the many highlights that happened as part of the holiday season.

I wish you and your families all the best for the New Year.



Andrew Newton - McKenzie Aged Care CEO



Congratulations to our Cornerstone Award Nominees and Winners!

Here at McKenzie we have a set of seven key values that we developed some years ago in collaboration with our people. We call these our Cornerstones. Our Cornerstones unite and guide all of us. They reflect what our residents and families can expect from us and what we expect from each other. They capture the spirit and culture of our homes.

Every year we celebrate our amazing Cornerstones winners at our Annual Awards event. These are special people who are nominated by their peers for being role models for our Cornerstone values. To nominate someone for an award, staff reveal in their own words, how it feels to work with their hard working, dedicated, caring and compassionate colleagues. It's always a humbling experience to hear these inspiring stories. This year winners came from every corner of the organisation as we celebrated our carers, cleaners, kitchen staff, lifestyle therapists, laundry hands

and support staff; all of them in their own way making a real difference to the lives of our residents and their families.

Our 34 winners were the guests of our CEO Andrew, the Executive Team, and members of the McKenzie family, at a beautiful lunch held in each of our regions. The winners each received a certificate, gift and a commemorative pin to wear on their uniforms. Huge congratulations to our winners, and a big thank you to over 200 of their peers who nominated someone for an award.



Raechelle Jacgung and Leonie McLeod



McKenzie's Executive Team at the Victorian Cornerstone Awards Presentation

Kate Gray, Andrew Newton, Sammantha Hewitt, Peter Corrigan, Sally McKenzie



Menaka Kothalawala, Michelle Jarvis and Kerri Molony



Gordana Akrapovic, Vicki Leishman and Shirley Wright



Shirley Wright & Gordana Akrapovic

Remembrance Day

Remembrance Day is an important day in McKenzie's calendar with all of our homes honouring the anniversary of the end of WWI. This day is significant to many of our residents who had loved ones participate in the Australian Armed Forces.

Each of our homes recognise this day with special ceremonies and events to reflect upon and remember loved ones.

Local RSL's are very busy on this day each year, but still take time to visit their local McKenzie homes to conduct remembrance services.



Laying wreaths at Seabrook



Laying wreaths beneath the flagpole at The Ashley

At The Ashley, Kevin and Graham from the local Reservoir RSL held a service in which residents and staff were able to participate and pay their respects.

A big thank you to all of our staff, residents, family members, and members from our local RSL's who helped with all of the services.



Bagpipes played at Lynbrook Park



Friends and Family gather at Seabrook



Laying wreaths at Raffles



Residents gather to lay wreaths at Lynbrook Park



Seaton Place's residents and friends attending their service



SandBrook's memorial table



The McKenzie Elves visited again!

Every year since McKenzie's first home opened in 2000, Mary-Ann McKenzie along with family members and friends help decorate our McKenzie Christmas trees.

Last year the McKenzie Elves visited ten of our homes. The Elves always bring Christmas cheer, with residents

and staff excited to see the trees finished which always makes it feel like Christmas has arrived.

A very big thank you to Mary-Ann McKenzie and her Elves for spreading so much Christmas cheer and excitement.



The McKenzie Christmas Elves at Seaton Place



Traditional colours on the Christmas tree at Sutton Park



Busy decorating at SandBrook!



The tree in the reception at The Terraces wows everyone

Our homes get into the spirit of Christmas with a Decorating Competition



Getting clever with Bon Bon's at Seaton Place



The Grinch making an appearance at Glasshouse Views.



CapellaBay gets crafty!

Christmas at McKenzie



Our **Raffles** residents and families LOVE getting into the Christmas spirit!

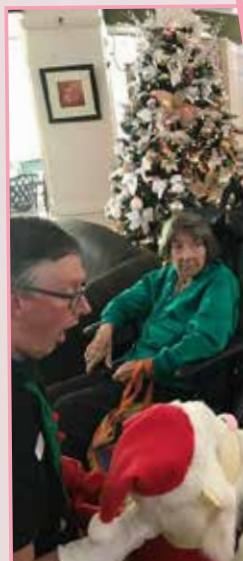


SandBrook residents take a seat with Santa

Seaton Place took a Christmas light tour and celebrated with a special guest at lunch, delivering gifts to all our residents.



The Terraces residents show off their themed room décor.



The festive season at **Newmans on the Park** started with a Christmas show by Puppets Alive.



Spring Racing Carnival

Spring time is always an exciting time with Spring Racing creating a whirl of enthusiasm for fascinators, fun and fillies!

The 2018 Spring Racing Carnival saw all of our McKenzie homes getting into the racing spirit. Craft groups made fascinators and hats for everyone to wear for the big event - the Melbourne Cup. Our kitchens were busy with morning and afternoon teas and BBQ's,

while the lifestyle teams were busy decorating and arranging games for everyone to play.

Buderim Views had visitors from Sunshine Coast Christian College who participated in the hat parade and the hobby horses race.

Spring Racing was a huge hit with residents and staff, and we can't wait to see all the creativity again later this year!



Teaming up for the fashion show at Bribie Cove



Hat Parade at Buderim Views



Giddy up at Buderim Views!



Oaks Day at Charlesbrook



Seabrook ladies and gents arriving for a race day banquet

McKenzie residents competitive sporting streak

There's always lots of laughter, concentration and competitiveness when our residents get together for a friendly game of Bowls, Putt Putt and Ten Pin.



Sutton Park bowling champion, Reno.

The Terraces bowls team posing for their winning shot!



Gordan at SandBrook holding his Putt Putt trophy with pride.



WANTED Charlesbrook residents

Charlesbrook had a fun filled 'Country and Western' day, starting the morning with a Patsy Cline tribute show followed by a burger and fries lunch and an afternoon of line dancing. The 'Wanted – Dead or Alive' photo booth was a hit with our residents queuing up to get their photos taken.



Ahoy Mateys!

Our resident's at Rosebrook set sail on the Jolly Roger!!

Everyone joined in singing Yo Ho Ho... With the crew staging a mutiny and trying to take over the Black Pearl, the captain and his first mate bought the buccaneers under control again and the ring leaders of the mutiny walked the plank.





A wild ride through Glasshouse Views

There were smiles all round as residents enjoyed a ride with Ulysses Bikers. One of our residents stating she had always wanted to go on a bike since she was little. What a great moment to share!

The gift that keeps on giving

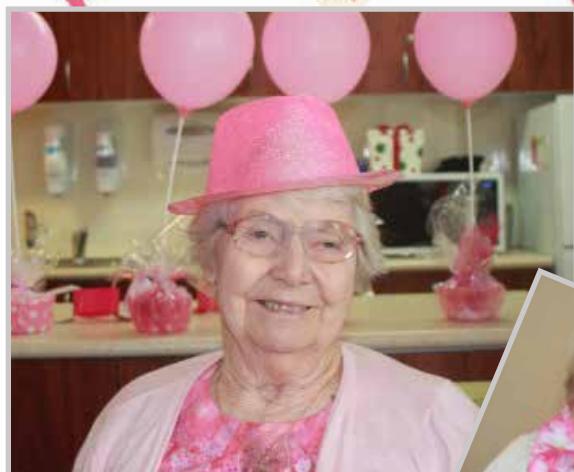
The Ashley shows us that through patience and hard work comes reward. After nine months of fundraising, they have finally received their brand new pizza oven!

Residents and staff are very much looking forward to the pizza parties to come.



Pretty in PINK

Glasshouse Views raising awareness for Breast Cancer, our residents and staff joined in on Pink Day, with a themed party to match!



Diwali Day at Newmans on the Park

Residents and staff had a fantastic time celebrating Diwali Day. The Festival of Lights represents light over dark and the power of good over evil.

Everyone enjoyed getting dressed up, listening to music and dancing the day away!



Trick or Treat..



We aren't sure who had more fun celebrating Halloween, our staff or our residents!

It was a day filled with tricks and treats, squeals and laughs!

Our communities always love getting into the spooky spirit of Halloween, with many decorating the nurses stations, reception desk and halls!

The cleverness of our Lifestyle teams shows... check out those pumpkins!



Seaton Place admin staff get creative!



Seabrook held an Aussie Spooky Day



Linda dressed the part ready for all the celebrations at Raffles



SandBrook staff got into the Halloween spirit



McKenzie Locations

Queensland

Bribie Cove

199-213 Goodwin Drive
Bongaree QLD

Buderim Views

383 Mooloolaba Road
Buderim QLD

Capella Bay

260 Old Cleveland Road East
Capalaba QLD

Glasshouse Views

96 Peachester Road
Beerwah QLD

SandBrook

10 Executive Drive
Burleigh Waters QLD

Seabrook

15-29 Bonton Avenue
Deception Bay QLD

Seaton Place

111 Smith Street
Cleveland QLD

The Ormsby (Opening 2019)

112 Burnett Street
Buderim QLD

The Terraces

74 University Drive
Varsity Lakes QLD

Victoria

Charlesbrook

1 Innisfallen Avenue
Templestowe VIC

Lynbrook Park

42 Olive Road
Lynbrook VIC

Newmans on the Park

33 Newmans Road
Templestowe VIC

Rosebrook

441 Waterfall Gully Road
Rosebud VIC

Sutton Park

126-134 Oxford Road
Melton South VIC

The Ashley

17-21 Ashley Street
Reservoir VIC

New South Wales

Heritage Lodge

194 Byangum Road
Murwillumbah NSW

Raffles

Peregrine Drive
Tweed Heads South NSW

Visit our site:

mckenzieacg.com

Our latest news:

mckenzieacg.com/blog

Lynbrook Park residents welcome PARO



The introduction of PARO - an advanced interactive robot which allows residents to realise the benefits of animal therapy – has been well received by staff, families and residents. We have already observed noticeable differences in social and sensory engagement through petting, holding and talking to PARO.

Resident Jean declared, "I wouldn't let anything happen to him." Another resident, May, who had been non-verbal for some time was able to express her feelings in clear sentences, stating "he is absolutely beautiful". Through 'showing off' PARO, residents were able to connect with others by sharing their admiration for the animal.

The trial results have been extremely positive!

Find your residence on Facebook

Did you know McKenzie Aged Care Group and all of our residences now have their own Facebook pages? It's a great way for residents and family members to stay in touch. Also for staff to share photos of our many and varied activities. Make sure you friend us to see all our updates. There are plenty more photos and videos of the fun we get up to.



Just search for '**Facility Name – McKenzie Aged Care Group**'

Give us your feedback!

A feedback form can be found at the reception of all residences. We'd love to hear from residents and families.

